

Cornerstone Counseling and Education

Information and Consent Form

Welcome to Cornerstone Counseling and Education. It is important to know that your treatment is based on as full as disclosure as possible so you feel informed and knowledgeable of your rights as a client and known potential risks and legal or ethical obligations that might affect your treatment.

Counseling is a real commitment of time and energy. At any time should you decide to terminate counseling for any reason, you have the right to end the therapeutic relationship. As well, we have the right to end the counseling relationships and make appropriate referrals.

As a client of this practice, you have the right to be treated with dignity and respect regardless of your race, gender, religion, age, sexual preference, ethnicity or ability to pay. You have the right to questions about procedures, qualifications of the staff, theoretical orientation or personal bias related to treatment. You have the right to participate in the planning of your treatment.

There are potential risks to counseling. Therapy may be painful and you may experience periods of unpleasant emotions. Generally, the discomfort is short-lived and will pass with the resolution of your problems. Please bring any concerns you see with the process or with your treatment to the attention of the therapist.

As a client, you have the right to privacy and confidentiality concerning what you disclose in therapy. Communication between you and Cornerstone Counseling is considered privileged and is legally protected. According to Federal Law, this practice cannot disclose information regarding your treatment without your written permission. This protection does not have limitations, however, in cases of suspected or reported elder or child abuse or neglect, it is required to report this to the Idaho Department of Welfare Protective Services within 24 hours of learning about the situation. If you should threaten to harm yourself in a clear and planned manner, it is required by law to take necessary steps to protect your life. The results could include insistence on voluntary inpatient hospitalization, notification of local law enforcement or the initiation of involuntary commitment procedures. Also, in rare cases, the court can require notes to be turned over.

When working with minors, we insist on confidentiality. The only exceptions are suicidal planning, harm to others or child abuse. We will attempt to bring parent(s) in if there is a situation in which is serious and needs parental involvement.

Client signature _____

Date _____